



# StayingWell

thinking today for tomorrow

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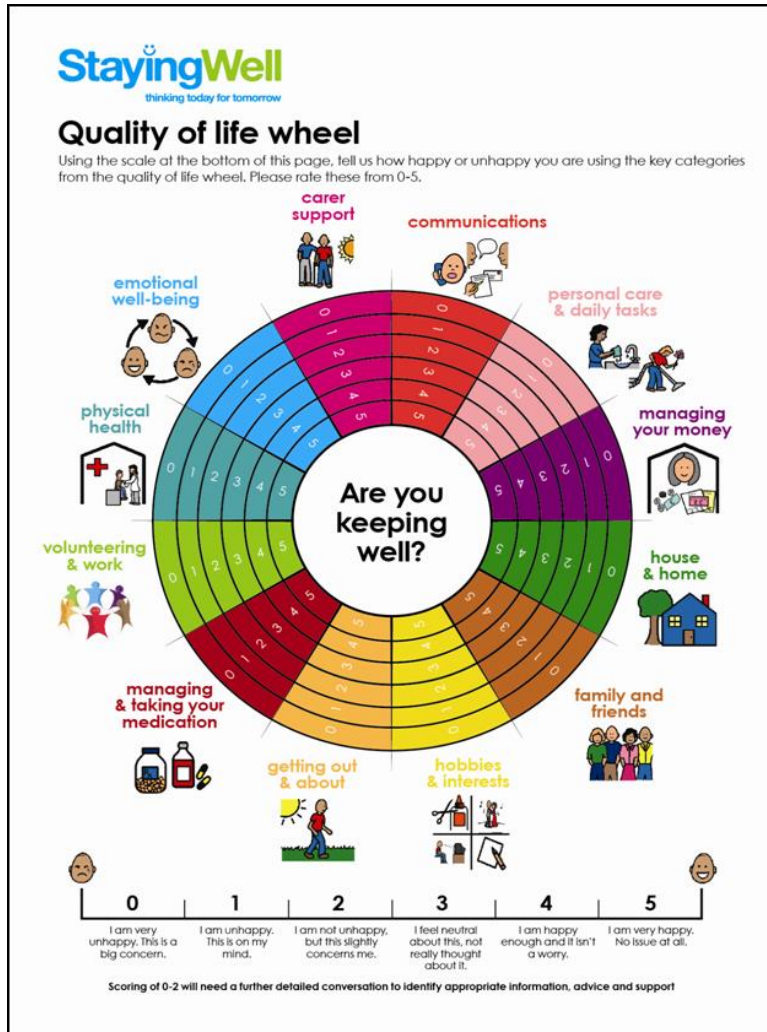


# Aim

To systematically identify individuals (age 65 and over) at high risk of future social care need and provide advice, support and assistance to enable people to remain healthy, happy and independent for longer.

# Staying Well Check Tool

## Quality of Life Wheel



## Supported Conversation

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**Bolton Council** **NHS Bolton**

### House & Home

Feel safe	Keep warm	Safe appliances
Manage your garden	Housing costs	Home repairs
Easy access	Home adaptations	House too big
The future	Damp / mould	Efficient heating

Produced by Bolton Council - Public Health Department



# Examples of issues addressed

- Unsuitable accommodation
- Not able to manage house cleaning
- Memory problems
- No heating for two years
- Self medicating
- Not being able to manage Long term condition
- Broken teeth
- Getting in an out of the bath

# Results

- Effective targeting of the most vulnerable
- Assets as well as needs
- 98% of clients rated Staying Well as either good or very good
- 60% take up rate
- Right support, right time, right place, right person
- 100% consented to share their information



# Outcomes

- Case Study: Mrs Jones felt her home was not suitable for her needs anymore, her house has a hill leading up to it and is too big.
- More people able to maintain health, choice and independence
- Reduction in high cost care





# Long Term Impacts

- Informing service design and improvements
- More efficient targeting and use of resources
- Roll out of pilot scheme
- Community Capacity building